

# Sickle Cell Foundation of Orange County

Sickle Cell Disease is an inherited, chronic blood disorder that affects approximately 72,000 Americans. Normal red blood cells are round like doughnuts, and they move through small blood tubes in the body to deliver oxygen. Sickle red blood cells become hard, sticky and shaped like sickles used to cut wheat. When these hard and pointed red cells go through the small blood tube, they clog the flow and break apart. This can cause pain, damage and a low blood count, or anemia.

Sickle Cell Disease is inherited from both parents who may be carriers of the sickle cell trait or parents with sickle cell disease. One cannot catch it. A person is born with the sickle cell hemoglobin and it is present for life. The person who inherits the sickle gene from only one parent and the normal form of that gene from the other parent has Sickle Cell Trait.

Over 2.5 million Americans have Sickle Cell Trait; Sickle Cell Trait is not a disease. Nationwide, the sickle cell trait is present in 1 in 12 African Americans, 1 in 30 Hispanics and 1 in 500 people have the disease.

Sickle Cell Disease is in many nationalities including African Americans, Arabs, Greeks, Italians, Latin Americans, and those from India. You can be Caucasian and have Sickle Cell Disease or Trait. All races should be screened for this hemoglobin at birth. A simple blood test called hemoglobin electrophoresis can be done by your doctor. This test will tell if you have the disease.

Mailing Address:  
P.O. Box 3780  
Mission Viejo, CA 92690

**When:** Sunday, Oct 4th, 2009

**Time:** 8:00 am—12:00 noon

**Location:** 14301 Yale Avenue  
Irvine, CA 92623

**For additional information,**  
call (949) 331-8121 or go to:  
[www.scdfoc.org](http://www.scdfoc.org)

Tax ID# 20-5801620



**Contact Us**  
Phone: 949-331-8121  
Fax: 949-215-9136  
E-mail: [info@scdfoc.org](mailto:info@scdfoc.org)

## Individual Incentives

A vital part of the fund raising effort is the collection of pledges by participants. The goal of \$30,000 can be reached if each participant solicits sponsor donors.

Prizes will be awarded to the participants & teams that raise the most money through confirmed donations!

**Individual Incentives**– The prize (s) that you can earn are based on the fundraising levels listed below.

Level	Raise	Receive
6		
5	\$2,500-\$4,999	Camcorder or MP3 or
4	\$1,000-\$2,499	DVD or LCD Photo
3	\$500-\$999	Flash Drive or Ink Printer
2	\$250-\$499	Wireless Mouse or Gift
1	\$100+	Official Sickle Cell T-Shirt

### TEAMS:

The 1st place company or organization team in each category will receive an award. A minimum of \$2,000 is needed to qualify. All team members are eligible to win individual prizes if the particular member raises a specific award amount. The member must raise the minimum of \$100 for the incentives.

Awards are based on the amount of money turned in by Monday, September 21st 2009 before 5:00 p.m.

Awards will be given during the 2009 Walk-A-Thon event.

## TEAM CATEGORIES

CORPORATIONS\* MEDICAL/HEALTH\*  
SMALL BUSINESS\* CHURCHES\*  
EDUCATIONAL\* CLUBS &  
ORGANIZATIONS



If you are walking as a member of a team, you must have the team name on registration form for the team to receive credit. Sign up as many sponsors as possible. Suggest \$3.00 or more per kilometer, or a flat donation. Pledge first and get extra forms for your family and friends to join the walk.

Collect from your sponsors as soon as possible. Convert all cash contributions to money order or check. Mail checks and money orders with copy of pledge form to SCDFOC Office. Please included your return address on the envelope. Team walkers should include their team name on the envelope.

### IMPORTANT:

When you feel you can't walk any further, stop! Please let us know in advance if you require handicap assistance.

**THANK YOU FOR YOUR PARTICIPATION AND SUPPORT!**

Registration entry fee required before the day of the event. Registration fees are: \$20 Adult; \$15 Students/Children; \$5 Children under 12. Register 3 ways:

1. Mail your signed registration form and the fee to the SCDFOC office. Unsigned entry forms will not be accepted. Mail in registration must be postmarked by Monday, September 21st, 2009.
2. Register online at :[www.scdfo.org/register](http://www.scdfo.org/register). Online registration ends Friday, September 18th, 2009.
3. Register the day of the event. Bring your signed registration form and Registration fee of \$30.00.

**\*If you would like to be a sponsor, please log onto, [www.scdfo.org/walkathonsponsor.org](http://www.scdfo.org/walkathonsponsor.org).**

Please Make Checks Payable to: **SCDFOC**