

SICKLE CELL FOUNDATION OF ORANGE COUNTY

“Live by Design, Not by Diagnosis!”

Register Online:

www.scdfoc.org/events/html

Adults \$20.00
Students \$15.00
Child \$5.00

Come out and enjoy the Fun!

When: October 4th, 2009
Time: 8:00 am Registration

SCDFOC Walk



WALK-A-THON

Irvine Heritage Park

October 4th, 2009

Registration 8 a.m. - 9 a.m.

Walk 9 a.m. - 12 p.m.

In Memory of Jameel Oliver

**ATTENTION !!!!
HIGH SCHOOL
STUDENTS!**

Come out and walk for a
great cause, while earning
your

**Community
Service Hours!**

Walk for Sickle Cell

Diaper Walk- 1k and 5k Walk

Our walk-a-thon will be a fun time of healthy walking, uplifting encouragement, and motivation to "move on down the road" to great health. Whether you "Walk a mile" or finish the entire five miles, all participants will enjoy the benefits of fresh air, increased limb movements, and good old heart pumping activity.

Come out and enjoy!



For Walk-A-Thon information you can
Download or print the registration form and the Corporate Sponsor letter from our website at.

www.scdfoc.org

For all SCDFOC related information contact: our Walk-A-Thon Committee at
Sickle Cell Foundation of Orange County
P.O. Box 3780 Mission Viejo, CA 92690
Phone: 949-331-8121

Or E-mail: info@scdfoc.org

CORPORATE SPONSORS AND RAFFLE PRIZES WELCOMED Note: We are a 501(c) (3) non-profit organization. All monies raised will be use to support our vision. All donations are greatly appreciated.